

Training Schedule 2013-2014

Written by Brendan
Sunday, 17 November 2013 14:00

Date

Venue

Subject

Instructor

14/11/13Th

Gleneagle

.		Introduction to Cours
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.		Diving Equipment
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.		Q & A Session
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Brendan

21/11/13Th

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Gleneagle

.		Intro. to Dive Physics
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.		Hand Signals
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.		Out of Air
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Paschal

28/11/13Th

Gleneagle Pool

Pool Training Session (Snorkel)

John/Brendan

Ger/

05/12/13Th

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Gleneagle

.		Boyancy
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.		Effects of Pressure
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.		Ears & Sinuses
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Brendan

12/12/14Th

Gleneagle

Pool

Pool Training Session (Snorkel/Scuba)

Tim/John

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Ger/Brendan

19/12/13Th

Gleneagle

.		Gas Laws
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.		Decompression
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.		Hypoxia, Anoxia & D
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Paschal

09/01/14Th

Gleneagle

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.		Dive Planning
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.		Dive Tables
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Nigel

16/01/14Th

Gleneagle

Pool

Pool Training Session (Scuba)

Nigel/Paschal

Ger

23/01/14

Gleneagle

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.		Dry Suit
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.		Respiration & Circulation
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.		Regulators & Cylinders
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.		Compressors
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06/02/14Th

Gleneagle

.		Burst Lung
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.		Night Diving
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.		Small Boat Diving
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.		Hypothermia
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John

13/02/14Th

Gleneagle

.		CPR
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Nigel + Help?

20/02/14 Th

Gleneagle

.		Underwater Navigati
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.		SMBs
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.		Dive Computers
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.		Marine life
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.		The Sea
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.		Environment
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Paschal or Tim?

27/02/13Th

Gleneagle

Pool Training & Examination Scuba/Snorkel

Nigel/Brendan/John

02/03/14 Sun

Kells/Glen

Open Water Snorkel (x2)

Kells?

09/03/14 Sun

Kells/Glen

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Open Water Snorkel(x1)/Scuba (x1)

Kells?

16/03/14 Sun

Kells/Glen

Open Water Scuba (x2)

Kells?

23/03/13 Sn

Kells/Glen

Open Water Scuba (x2)

Kells?